



## Popular Spots for Snowshoeing in Canada

from Discover Canadian Outdoors, <http://www.outdoors.ca>

### British Columbia

The most famous spot for snowshoeing in Canada is Whistler, B.C., where many events of the 2010 Winter Olympic Games will be held. There are an abundance of trails, groomed and backcountry depending on your preference. Snowshoeing equipment rentals and guide services are available.

Callaghan County is west of Whistler and offers over 8,000 acres of scenic alpine terrain to challenge the most experienced snowshoe enthusiast. Backcountry lodges are available by helicopter, snow-cat, or snowmobile to test your endurance by snowshoeing in 10 m (36 ft) of snow.

### Alberta

The Canadian Rockies of Alberta offer some of the most scenic locales for snowshoeing in Canada. Canadian National Parks such as Banff, Jasper, and Lake Louise have interlinking trail systems among the towering mountains. Abundant wildlife and spectacular scenery make this area a snowshoe enthusiasts dream.

Kananaskis Country offers Canadian snowshoeing through alpine meadows and snow-covered wilderness. Snowshoe lessons and guided tours are available. Take the family on a snowshoeing vacation at one of the many mountain lodges of Yoho National Park.

### Saskatchewan and Manitoba

Moose Mountain Provincial Park and Narrow Hills Provincial Park offer the rugged beauty of Canada's Boreal forest and parts of the Canadian Shield. With miles of groomed and backcountry trails, you'll experience the solitude of this northern area and spend the evening staring at the "Northern Lights" (Aurora borealis).

Surprisingly enough, Manitoba is one of the sunniest places in Canada in addition to being one of the coldest. There are plenty of groomed and backcountry trails in Manitoba including its portion of the Trans-Canada Trail at 1,260 km (782 miles). Flin Flon, Manitoba offers 50 km (31 miles) of groomed trails along the lakeshore.

### Eastern Canada

Algonquin Park in Northern Ontario provides the perfect wilderness setting for snowshoeing in Canada. The wilderness "jewel" of Ontario, there is lodging and guide services to help you to attain an enjoyable adventure. There are a multitude of groomed and backcountry trails with [winter camping in Canada](#) being an option.

Goulais River across the border from Michigan provides 130 km (80 miles) of groomed trails through the wilderness backcountry. Hiawatha Highlands Wilderness Preserve in nearby Sault Ste. Marie offers trails and snowshoeing equipment rentals.

Gros Morne National Park in Newfoundland provides trails along the rugged coastline of the Atlantic Ocean and through the Long Range Mountains. Terra nova National Park is another favourite snowshoeing destination on the East Coast.

Snowshoeing in Canada is popular winter activity and is a great way to embrace the long, cold winter. Canadian snowshoeing offers spectacular scenery combined with a quiet solitude as you venture through parks and wilderness areas. Snowshoeing clubs and snowshoeing equipment rentals are available to help get you started.